#### Plenty! Farm & Food Bank

# Food Bank

Families who live in Floyd County can come to the Fresh Food Bank once a week to pick up free food to feed themselves and their family. Volunteers and staff will greet you, and help you bag your selections. In addition to pantry staples like bread and beans, we are proud to offer fresh healthy produce from our own farm and from local farmers who donate their surplus to the food bank when in season. We do not require any additional information for families to receive food. There are no income limits or property ownership requirements. All are welcomed.

#### Items we often have:

- o rice
- peanut butter
- pet food (donated by the Floyd County Humane Society)
- infant formula
- fresh produce
- U-pick fresh produce
- o tuna
- o pasta
- eggs
- o meat
- o dry goods
- o and more!

Is transportation an issue? We can bring food to YOU! Learn about our <u>Portable Produce</u> (<a href="https://plentylocal.wordpress.com/portable-produce/">https://plentylocal.wordpress.com/portable-produce/</a>)program.

### Food Bank Hours

Monday from 1:00pm – 4:00pm Tuesday from 10:00am – 1:00pm Thursday from 4:00pm – 6:30pm



(https://plentylocal.org/food-bank/dsc\_0158/)



(https://plentylocal.org/food-bank/dsc\_0171/)



(https://plentylocal.org/programs-2/donated-scrops/)



(https://plentylocal.org/food-

bank/dsc\_0107/)

## Plenty! Farm & Food Bank

# Portable Produce



(https://plentylocal.org/portable-

produce/portable/)



(https://plentylocal.org/portable-produce/sorting-

veggies/)



(https://plentylocal.org/portable-produce/delivery-

truck-2/)

Can't make it to the food bank? We can bring food to you!

Portable Produce is a program that brings weekly delivery of fresh produce to your doorstep from June through Thanksgiving. Volunteers pack bags of fresh vegetables from the Plenty! Farm and other local farms to bring to individuals and families- young and old. Our intrepid volunteers deliver produce down the bumpy dirt roads of Floyd County to make sure that our neighbors are nourished with healthy and fresh food.

If you do not have access to transportation, and could benefit from a delivery of fresh food let us know. We can make you a stop on the delivery route.

Thank you for your interest. We will follow up by phone or email to confirm.