



New River Valley Agency on Aging

Serving Seniors from the Blue Ridge to the Alleghany Mountains

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Home Delivered Meals

Home delivered meals provide a nutritionally balanced meal to persons who are confined to their home due to health problems, have difficulty preparing meals, and have no one on a regular basis to prepare meals.

In most cases, hot meals are delivered Monday through Friday. This provides a good opportunity to frequently check on the recipient's well being.

In the service areas that are more remote, frozen meals or canned shelf stable meals can be delivered.

Eligibility Criteria :

60 years of age and older

Cost of Service :

For person's having income at the poverty level, there is no charge for the meals. Persons having income over the poverty level pay on a sliding scale fee after deductions are given for medical expenses.

Service Area :

Floyd, Giles, Montgomery, and Pulaski Counties; the City of Radford; the Towns of Blacksburg, Christiansburg, and Pulaski

Contact Information :

(540) 980-7720 or

(866) 260-4417 (Floyd & Giles)

Email: [nrvaoo@nrvaoo.org](mailto:nrvaoa@nrvaoo.org)

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