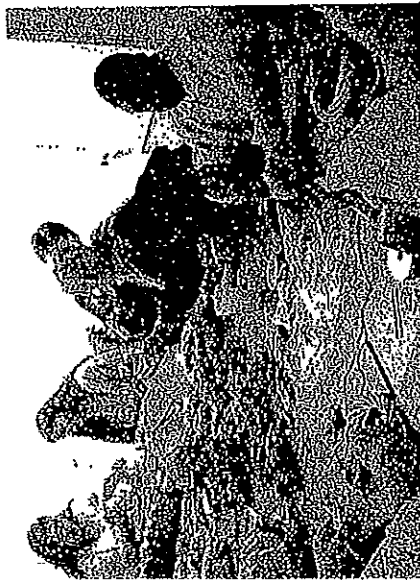


About EHS Staff

Our staff is well educated and experienced in working with individuals with mental illness, mental retardation, and/or substance abuse. We pride ourselves on our talented and gifted staff that genuinely cares about people! We want our clients to succeed and experience joy in their lives.



In addition to building independent living skills and managing mental illness, our staff specializes in assisting clients with:

- Creative self-expression
- Healthy living including fitness and athletics
- Relaxation training and techniques
- Volunteer experiences
- Group activities
- Payee services

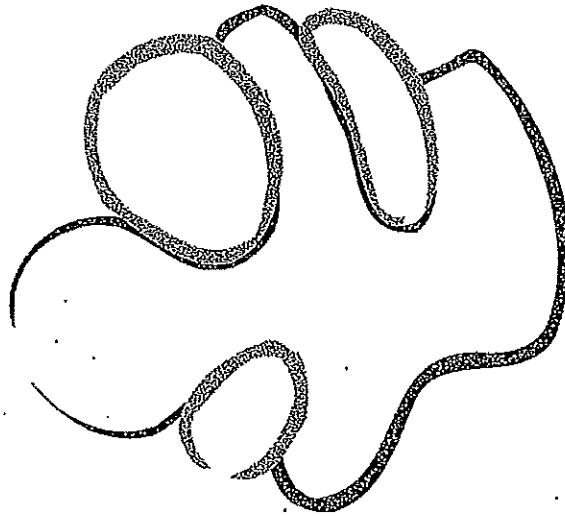
HS Support Services
101 Roanoke Street
Christiansburg, VA 24073

Helping People Live
Their Best Life!



EHS

Support Services L.L.C.



Providing skills training,
assistance, and support in
areas related to independent
living and mental illness

Phone: 540-260-3495

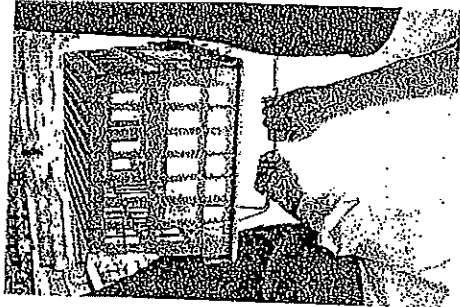
Fax: 540-260-3901

www.ehsupportservices.com



What Are Support Services?

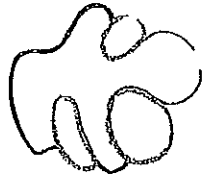
Mental Health Support Services are services provided for individuals who suffer from serious mental illness, mental retardation, and/or substance abuse. These services include skills training, assistance and support in areas related to independent living; with a goal to



help individuals achieve and maintain stability, independence, and success in the home and the community.

Services are provided in the home and/or community and vary based on the

client's individual needs. Because the services are not provided in an office, it allows for training of skills in real life situations. Service payment options include Medicaid, DSS funding, DAP funding and in some cases, self-pay.



EHS
Support Services L.L.C.



What Does EHS Do?

At EHS we provide mental health support services to our clients by giving them the tools they need to live a healthier, more fulfilling life.

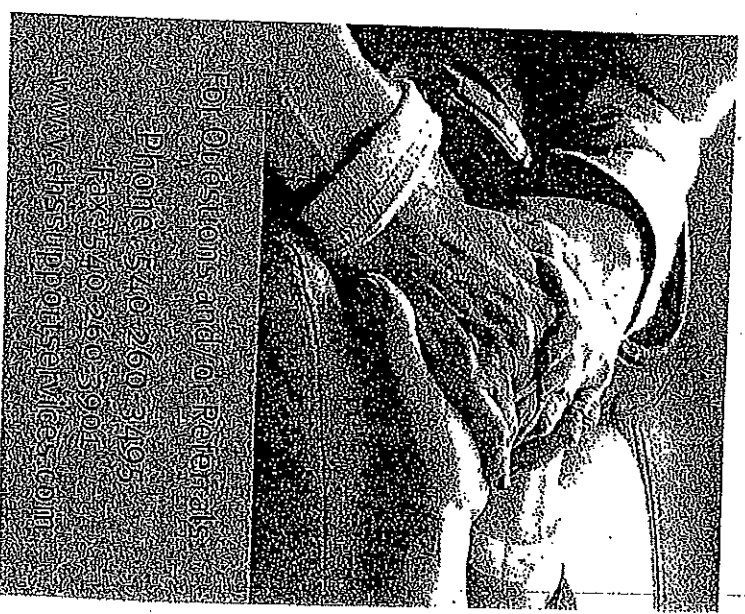
We promote independence and personal responsibility by:

- Empowering clients to overcome challenges related to depression, anxiety, and other mental illness
- Educating clients about budgeting and finances
- Guiding clients in applying for benefits and assisting them with community resources
- Assisting clients in scheduling and maintaining medical appointments
- Encouraging clients to set nutritional and exercise goals to maintain a healthy lifestyle
- Building skills to develop positive, healthy relationships
- Teaching and modeling effective parenting skills
- Advocating with clients for their rights in various situations



How Do I Get Services?

- Contact our office and we will schedule a time to meet with you and assess your needs
- We will meet with you in your home or a designated meeting place to discuss how we can provide assistance
- We will determine if you qualify for services
- If you qualify, we will assign a clinician to start working with you to meet your needs



For questions and/or referrals

Phone: 540-260-3495

Fax: 540-260-3901

www.ehsupportservices.com